

SCHOOL ECO NEWS



A regular newsletter brought to you by Meon Junior School Eco Warriors

VOL. 2

NOVEMBER 2020

Green Flag Award Progress



Energy



Eco Warriors After School Club



School Tree Update



Green Flag Award Progress



The Eco Warriors have continued with the environmental review process of Meon Junior School, looking at Biodiversity within the school. Thanks to the kind donations from parent's we have added two Compost bins, some bird houses and bird feeder's and a log pile to encourage a range of birds and insects to the small strips of greenery along the edges of our school. We will be regularly checking to see if we have any new residents.

To find our more about the Green Flag Award go to www.eco-schools.org.uk

Energy



November's Green Flag Review looked at Energy. We discussed the different types of energy that our homes use and what we can do to save energy. We discussed the good and bad points of the different energy types and the Eco Warriors are taking part in an energy saving challenge at home. If you would like to join in at home here is a great resource pack

www.wwf.org.uk/sites/default/files/2017-11/WWF_OnePlanetFuture_FINAL%20PDF%20Youth_0.pdf

Eco Warriors After School Club



Feedback from our club has been really positive and our families have been really supportive. We are really pleased that we can keep the club running during these uncertain times for our current Eco Warriors and our last meeting of the year will be on Thursday 3rd December after school. Of course we would like our efforts to spread to the whole school community and beyond. Mrs Moggridge and Mrs Atrill in the school office are working hard to move away from paper notifications and TSAT have found a return scheme for the toner bottles that our printer's use. Our staff room milk now comes in glass bottles delivered by our milk man.



Miss Mitchell sent in this great crisp packet recycling initiative which not only repurposes waste but also helps vulnerable people in our society. Click the link below to find out more.

www.glasgowlive.co.uk/news/glasgow-news/how-your-old-crisp-packets-19205939?

Miss Knight has discovered super soft washable bamboo make up removal pads which she is using instead of disposable wipes. She is our Eco hero this month and has already kept hundreds of wipes from being thrown away. Keep up the good work Meon!

Eco Warriors Green Flag Biodiversity Report



Our Biodiversity review found that our school does not have any natural areas to play and work in or any pet insects or animals. We haven't recorded wildlife in the school grounds but we do have bug hotels and bird boxes around the outside areas and two trees in the playground. We have two plant beds and trees and plants around the outside of the school. We think that pupils are aware of biodiversity and the global threat to it. Our Biodiversity review score is 3.

SCHOOL ECO NEWS



November is world vegan month. Try making this delicious Cinnamon & Chocolate Chunk Banana Bread at home. This is a great recipe for using up bananas that are going a bit soft. You can also freeze bananas and save them for this recipe. Ask an adult to help you with this recipe and be careful of the hot oven. Omit the nuts if you need to.

GOOD NEWS!!

We now have bottles for life for sale in the school office 50p each and free lids in case of breakages or if your old bottle needs a new lease of life.

Please bring a reusable water bottle to school with you everyday. Like our trees we need plenty of water for our bodies and brains to thrive.

This recipe makes one loaf and you will need

2½ bananas

85g coconut oil

1/2 cup of coconut sugar

95g ground almonds

150g plain flour

2 tsp baking powder

1/3 tsp bicarb

Pinch of sea salt

2 tsp cinnamon

1/2 tsp ground ginger

Large handful of dark chocolate

Instructions

Preheat your oven to 180° C and grease and line your loaf tin with a little coconut oil

Using a handheld mixer combine the bananas, softened coconut oil and coconut sugar and blend until well combined.

Add in the rest of the ingredients, apart from the chocolate, and blend again.

Stir through the dark chocolate pieces and pour the mixture into your loaf tin.

Sprinkle some extra chocolate pieces on top and bake in the oven for 30 minutes.

Check that the loaf is cooked by inserting a butter knife into the middle. If it comes out clean it is cooked if not cook for another 5 minutes.

Allow the loaf to cool before removing from the tin.

Eco Warriors will meet on 3rd December 3.15 - 4.15pm for our last meeting before the Christmas break.

Tree News



Eco Warriors named some of our new Rowan Trees. We now have Meon Eco Survivor, Elpis, Virtus, Woody, The Burrow Tree and Gryffindor. See if you can spot them on the Shelford Road side of school. The recent rain has really helped the saplings that survived the overly hot summer and they are starting to look stronger. Miss Brown did some weeding and we now have compost bins to put the weeds in to. Weeding is an ongoing job and The Eco Warriors are keen to get outside and hoping to tend the trees soon. If anyone does have any spare time and would like to help with the weeding around the outside areas of the school we are always grateful for help. Please contact Miss Brown through the school office.

We love to hear about the activities of our families that help the environment and the good habits that you are forming. Please share your stories with us. Our next Eco Review will be on Global Citizenship. Please share your stories of your global eco awareness and your efforts to help those less fortunate than yourselves. Do you have friends or family members who live in other countries? We will have a world map on our Eco Board to celebrate our Meon Junior School family across the world. Send your stories for the attention of Miss Brown to office@meonjuniorschool.org.uk